


Levels of Play

Wave Tier 1
U13-U18

Participants
1 Island Team
1 Interior Team
6 Mainland Teams

In each age group from U13 to U18



Travel Required:
To the Mainland

Opportunities for Provincial, Whitecaps Programs

Participate in Provincial Premier Cup

Champions at U15 and U17 qualify for National Club Championships

VIPL Tier 2
U14-U18

Participants
2 Upper Island Pooled teams
2-5 Lower Island Pooled teams

In each age group from U14 to U18




Travel Required:
As far as Campbell River, Comox, Nanaimo etc.
*Powell River kids play in the league but there are no games in Powell River


Participate in A Cup

Champions enter Coastal A Cup and BC Soccer Provincial Tournament

Gold Tier 3
U14-U18

10 Clubs:
-Bays
-Cowichan
-Gorge
-Juan de Fuca
-Lakehill

-Peninsula
-Prospect Lake
-Saanich Fusion
-Salt Spring
-Sooke



Travel Required:
Greater Victoria from Duncan in the North to Sooke in the west and Salt Spring Island

Participate in B Cup


Participate in District Cup

Champions enter Coastal B Cup and BC Soccer Provincial Tournament

Silver Tier 4
U14-U18

10 Clubs:
-Bays
-Cowichan
-Gorge
-Juan de Fuca
-Lakehill

-Peninsula
-Prospect Lake
-Saanich Fusion
-Salt Spring
-Sooke



Travel Required:
Greater Victoria from Duncan in the North to Sooke in the west and Salt Spring Island

Participate in LISA Cup

Participate in District Cup

Bronze Tier 5
U14-U18

10 Clubs:
-Bays
-Cowichan
-Gorge
-Juan de Fuca
-Lakehill

-Peninsula
-Prospect Lake
-Saanich Fusion
-Salt Spring
-Sooke



Travel Required:
Greater Victoria from Duncan in the North to Sooke in the west and Salt Spring Island

Participate in LISA Cup

Participate in District Cup

U5-U9

All clubs play in-house
(Meaning they play at their own clubs)

U10

JDF, Sooke, Salt Spring and Gorge participate in interclub, playing against each other organized by LISA.
All other clubs play U10 in-house.

U11

Are divided into Blue and White teams and leagues (gold and silver).
All clubs except Bays and Cowichan participate fully.

U12

Are divided into Blue and White teams and leagues (gold and silver).
All clubs participate in blue. All clubs except Cowichan participate in white.

U13

Are divided into Blue and White teams and leagues (gold and silver).
All clubs participate.

Blue = Gold White = Silver.