



LAKEHILL SOCCER ASSOCIATION RETURN TO PLAY SAFETY PLAN

ENSURING A
SAFE RETURN
TO SPORTS

Purpose

The purpose of this document is to provide the details of Lakehill Soccer Association's (the "Club") Return to Play Plan ("RTTP"). This plan is intended to be read in parallel with the guidelines of governing bodies within government (PHO/ViaSport) and within soccer (CSA/BCSA). On June 21, 2020, Canada Soccer rated this RTTP as "very low risk". A copy of that rating has been attached. This plan and all referenced material are intended to support informed decision-making by our members, volunteers, coaches, and other representatives of the Club related to their participation in the Club's programs.

Return to Play Guidelines

In June 2020, two very important documents were released related to the soccer community's return to play. These documents are referenced and linked below and provide the foundation and guidelines that are the basis of this Return to Play Plan.

- [ViaSport Return to Sport Guidelines](#)
- [BC Soccer Return to Play Plan](#)

Providing a Clean, Safe Environment

Fortunately, soccer is predominantly an outdoor sport in British Columbia and therefore, our field is one of the safer environments for sports activity. The Club has implemented the following health and safety precautions in providing a clean and safe environment.

Changerooms

- Changerooms will be unavailable to all players.
- One male and one female washroom will be open to minimize the number of high touch areas in the park. Participants will be encouraged to use the washroom before they come to the park.
- Sanitizing stations will be set up at both the designated participant entrance and exit to the field.

Equipment

- Equipment will be cleaned by the Club after every session with recommended disinfection products.
- Equipment may not be handled / touched by an individual other than the session coach at any time.
- Equipment will be stored in the same, secure location after the final session of each day.
- Program registration will include the provision for each participant to be given a ball which they can mark uniquely and use exclusively for the duration of the program. They may also bring their own ball.
- Participants will take their ball with them at the end of sessions. The ball is to be clearly marked with their own name and must not be shared with other participants.

Fields

- Fields will have one separate designated entrance and exit.
- Session start and end times will be staggered to permit coaches and players the opportunity to attend training sessions within appropriate physical distancing requirements and guidelines of health authorities.
- Player backpacks will be placed in designated spaces along the fence only, physically distanced from any other player's bag in adherence to the requirements and guidelines of health authorities.
- Sanitizing stations will be available at every session and at each field entrance and exit.

Parks

- Lakehill Soccer will initially limit the use of fields to Braefoot Park, and specifically the turf field. A park map has been developed specific to Braefoot turf. If other field use is required, permission will be sought first from the municipality and additional park maps will be developed as required.
- Park maps indicate traffic flow, drop off/pick up zones, players walking paths, and waiting areas.
- Parents and guardians are requested to stay in their vehicles during all training sessions or to leave the park and pick up their athlete at the end of the session to avoid any additional physical distancing challenges or risks to the players and Club staff / volunteers. All spectators must respect physical distancing requirements.

Measures to Keep People Safe

Check-In Requirements

In the initial stage of Return to Play, all participants, technical staff and volunteers attending any Club programming will be asked to check-in. The purpose of this is contact tracing in the event of a secondary outbreak or a participant who is later found to have tested positive for COVID-19. All participants will be required to check-in with the session lead, and all absences will be noted.

Illness Policy

The Club has created an Illness Policy that must be followed by all in attendance at or participating in any way in Club programming or events. Failure to abide by the terms of the policy will result in removal from the session and the most blatant cases, removal from Club for either the remainder of the program or the season, at the Club's sole discretion.

Players

All adult players and parents/guardians of youth players must complete a BCSA approved Return to Play Participant Agreement Waiver before they will be permitted to participate in any Club program or event. Failure to complete this Agreement will disqualify participants from involvement in any Club or Club affiliated program or event.

Participants will be asked to use the Participant Checklist to remind themselves of the steps they must take to participate in Club programs before, during and after every session. This checklist includes the requirement for players to dress at home and arrive in their kit and cleats. This checklist also includes the requirement for all participants to have their belongings in a single bag/backpack with a personal water bottle and their own hand sanitizer clearly labelled with their name for all training sessions to avoid use by any other individual.

Programs

All programs will limit the total number of participants on the field to a maximum of 50. Registration for all programs will be capped at 40. No more than 10 technical staff/coaches/volunteers will be on the field during a program. All programs have been designed to maximize physical distance and respect the requirements for 2 meter physical distancing between participants. Programs for younger children have been designed to include a parent or family member to help mitigate and manage risk.

Technical Staff, Club Volunteers

All technical staff and Club volunteers must complete a BCSA approved Coaches & Volunteer Waiver before they will be permitted to participate in any Club program or event.

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Coaches and staff are required to use the Coach/Staff Checklist to remind themselves of the steps they must take to participate in Club programs before, during and after every session. This includes the requirement for a self assessment prior to attending any Club program or event.

Technical Staff and Club volunteers will be educated on all sanitization requirements. Personal Protective Equipment (masks and gloves) have been assembled for any instance a technical staff member or volunteer find themselves unable to socially distance in an emergency (i.e., an injury on the field).

Technical Programs

The Club will be following BC Soccer’s Return to Play plan as per the chart below. We are currently in Phase 2 – Transition Measures. The Club is planning a phased introduction of programming to allow for the measuring and monitoring of risk, and adaptation of our plan to accommodate unforeseen circumstances or situations.

	Strictest Controls <small>Prior to May 19, 2020</small>	Transition Measures <small>Approx. May 19th to Sept</small>	Progressively Loosen <small>Future date TBC</small>	New Normal <small>Future date TBC</small>
Restrictions In Place	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel 	<ul style="list-style-type: none"> Maintain Physical Distance (2m) No non-essential travel No group gatherings over 50 people 	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> Increased hand hygiene Symptom Screening in place 	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> Outdoor or within home Facilities and playgrounds closed 	<ul style="list-style-type: none"> Outdoor is safest Indoor facilities slowly re-opening 	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> Small Groups No or limited spectators 	<ul style="list-style-type: none"> Groups sizes may increase Limited spectators 	<ul style="list-style-type: none"> Large groups allowed No restrictions on spectators
Non-contact Activities	<ul style="list-style-type: none"> Low risk outdoor activities can occur (biking, running, etc). Virtual activities 	<ul style="list-style-type: none"> Fundamental movement skills Modified training activities, drills 	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> Should not occur Contact sports should look for non-contact alternatives to training 	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> Minimal shared equipment Disinfect any shared equipment before, during and after use 	<ul style="list-style-type: none"> Some shared equipment Enhanced cleaning protocols in place 	Shared equipment

DISCLAIMER

This Return to Play Plan has been written with all relevant and available information about the COVID-19 coronavirus. This information, and recommended health and safety measures, can change rapidly. No guarantee can be given as to completeness of any information provided in this plan. Participants should avail themselves of publicly available information provided by the [Government of British Columbia](#).

In the event of an ambiguity or conflict between this RTPP, its referenced documents and the *Public Health Act*, regulations or orders thereunder, the *Public Health Act*, regulations and orders prevail. Nothing in this document is intended to provide legal advice.

Anyone choosing to participate in any Club program does so voluntarily and at their own risk. Choosing to participate is a personal decision that must be made with full information. Where a participant has been identified as a “high risk” individual, a doctor’s permission is strongly recommended before participation in any Lakehill Soccer Association Activity.

This COVID-19 Safety Plan was approved by the Lakehill Soccer Association Board of Directors at their meeting on June 22, 2020.



Jeremy Mannall-Fretwell, President
Lakehill Soccer Association